

Packing List for the DR Mission Trip

1 personal suitcase weighting less than the JetBlue limit of 50 lbs.

1 carry-on bag or backpack

1 team suitcase (packed with supplies, given to you in Orlando and paid for by the team)

MUST HAVE

Clothes and supplies for 1 week.
Only hand washing and line dry available.

Work Clothes
Jeans
Shorts (men only)
T-Shirts or blouses
Capri pants (women)
Hospital scrubs
Dress clothes for church
Collared shirt and nice pants for men
Long skirt and sleeved blouse or Dress with sleeves or jacket
Socks
Shoes (closed toe for construction)
Flip Flops/Shower Shoes
Underwear
PJ's
Raincoat or Poncho
Light Jacket
Hat
Bandana
Work Gloves
Towel
Washcloth
Inexpensive watch
Water Bottle (to refill each day)
Flashlight

Passport
Copy of email Airline Ticket confirmation
Copy of ID page of Passport (in luggage)
Personal Medications
Personal Toiletries
Credit Card
Small amount of Cash - Less than \$100

Snacks – Each person is encouraged to bring a box of snacks to share with the group. We usually keep a box in the common area of the dorm filled with snacks for those who need a little extra energy. Food bars, nuts, crackers, cookies or chips are good.

NICE TO HAVE

Insect Repellent (with High % Deet)
Sunscreen
Camera & camera card
Kleenex
Wet Ones - wipes
Alarm Clock
First Aid Kit
Sunglasses
Powdered Gatorade
Purel (small size for pocket)
Zip-Loc Bags – quart size
Ear plugs (Quiet Time-
Purple if snoring bothers you)
Hand Soap
Trash bags for dirty clothes
A few coat hangers
Batteries for anything that needs them!
alarm clock, camera, flashlight, etc.
A light blanket

Sheets are provided, but some people like to take their own. If you are buying new ones, you will need the twin size. Please buy white ones. We encourage missionaries to leave the sheets so that the camp will have an adequate supply for the children campers who come in the summer.

In the Dominican Republic one cannot flush **toilet paper**, so we take quart-sized zip-loc bags to put the used toilet paper in. The trash can is located by each toilet and trash is picked up once a day.

Self-sufficiency! Bring everything you will need for a week. Do not depend on buying necessities there. Although there are stores we can shop in, they are not convenient to get to from the village of El Pedregal.

Updated May 11, 2014