

Dominican Republic Mission Trip - Lessons Learned

Christ Episcopal Church, Valdosta Georgia

Updated April 3, 2019

- 1. SERVANT HEARTS** We go to the Dominican Republic to be with our friends and fellow church members, and to work with them for a week as best we can. We hope that we can be good servants and good guests, and we would like to be invited to return again. Our mission team has used this motto on our t-shirts for several years: "One God, One Church, One Mission!" The motto of the Episcopal Diocese of the Dominican Republic from Isaiah 43:10-11 is also good to keep in mind during the mission trip: "Ustedes son mis testigos." The complete passage in English is as follows: "You are my witnesses," says the Lord, "and my servant whom I have chosen, that you may know and believe me and understand that I am He. Before me no god was formed, nor shall there be any after me."
- 2. WATER** In general, water from taps, lakes, and rivers in the Dominican Republic cannot be considered safe to drink. The only safe drinkable water is bottled water, both in individual serving bottles and in large dispenser bottles. Use bottled water while brushing teeth and taking personal medications.
- 3. WATER BOTTLE** Each missionary should have a personal water bottle to refill from approved water sources as often as is needed. The Episcopal camp will have an abundant supply of bottled water available in a large dispenser from which we will fill personal water bottles.
- 4. UNCOOKED FOODS** In general, it is not safe to eat uncooked foods such as salad greens, sliced fruits, and tomatoes since they may have come into contact with contaminated water. All types of food served at the Episcopal camp will be safe to eat, but these uncooked foods should be avoided in street vendor stalls and restaurants.
- 5. TOILETS** Dominican toilet and septic systems are not designed to process toilet paper. There will be a small trashcan next to each toilet. Used toilet paper is to be placed in this trashcan. If the used toilet paper is especially soiled, some people like to place it inside a small zip lock bag and then place the zip lock bag in the trashcan.
- 6. ELECTRICAL POWER** The Dominican Republic uses the same power voltage and electrical outlet design as the United States. No transformers or adapters are needed. Electrical power outages are fairly common, sometimes daily for several hours at a time. A dependable flashlight is handy during outages at night when walking outside or trying to locate an item inside a dark room. The camp has a generator for emergency power supply, but it is expensive to run for long periods and may not be on during all power outages. During travel days, there are very few opportunities to recharge smartphones from AC outlets, and most smartphones under normal use cannot stay charged for the entire travel period. Portable recharging devices (batteries and cables) are good to have on hand.
- 7. FLASHY JEWELRY AND ELECTRONICS** Flashy items in these categories may attract unwanted attention and thus need to be secured at all times. If you don't absolutely need it, consider not bringing it.
- 8. PASSPORTS** Keep your passport secure at all times during the trip. You will need it to leave the US, to enter the Dominican Republic, to check into the hotel in Santo Domingo, to leave the Dominican Republic, and to re-enter the United States. It takes a great deal of time and effort to replace a missing passport while abroad, even on an emergency basis. It is a good practice to keep a photocopy of the ID/photo page of your passport stored away from your passport itself. The team leaders will have another copy of that ID/photo page if needed.
- 9. BAGGAGE CLAIM CHECK** The staff members in the Santo Domingo airport perform a rigorous check of baggage just before exiting the baggage claim area to make sure that your bags

have tags that match the baggage claim receipt on your travel documents. These baggage claim receipts are attached to your boarding pass when you check in at the US airport. Since we will be traveling with several identical black duffle bags in addition to personal baggage, each duffle bag has to be matched up with the person who checked it in before we exit the baggage claim area. The duffle bags will have a tag with each person's name on it to help with this process. We will also be placing "flagging tape" in the same colors on all checked luggage, both personal and supplies, to make it easier to spot all of our team baggage on the luggage carousel.

- 10. SELF-SUFFICIENCY** Pack whatever you need for the duration of the mission trip. Do not anticipate having an opportunity to purchase a needed item in the Dominican Republic. Although a great variety of shopping opportunities are available, transportation to those locations and the time required for the trip are often not readily available.
- 11. INSECT REPELLENT** There are several mosquito-borne illnesses in the Dominican Republic. Although clouds of mosquitoes do not infest our mission team location, they are present, particularly at night or during times of no wind. Bring an appropriate insect repellent and use it frequently. Spiders and small crawling insects may be present in dormitory rooms or bathrooms, so appropriate sprays may be useful in these locations.
- 12. HOT WATER** Hot water may or may not be available in our living quarters. If it is not available, let your team leader know. It may be that this condition can be fixed; but then again, it may not be, or at least not right away.
- 13. DRINKING ALCOHOL** Members of our mission teams have traditionally refrained from drinking alcohol while at the Campamento in El Pedregal. Beer and wine, plus other alcoholic drinks, are available in the restaurants and sidewalk cafés in Santo Domingo where we will be staying overnight.
- 14. REQUESTS FOR CHARITY** Listen politely, but do not agree to comply to requests from individuals for charity or other assistance. At our work site, the priest is in charge of charity for members of the local church and other village residents. If you are approached by anyone with a request for charity, let your team leader know.
- 15. FLEXIBILITY** Be flexible in terms of the daily plans during the mission trip. Often conditions change rapidly, and the team has to adjust accordingly.
- 16. BE AWARE OF TIME** The team will eat meals at the camp together as a group, and will have other meetings that need the participation of everyone. Often the days and evenings are tightly scheduled in terms of work periods, meals, meetings, group devotionals, and recreation. Since most people will not have a working cell phone, it is impossible to call to locate someone who is not present, and we do not want to begin until everyone is present.
- 17. DO NOT GO ALONE** In general, our work sites in El Pedregal are quite safe. However, it is good practice not to walk anywhere in the village alone and out of sight of other team members or Dominicans who are part of the church or camp community. Exceptions to this practice are the three streets that border the Campamento property, especially the "main street" in front of the school and church gates. There are one or two small 7/11 type stores ("colmados") on this main street where you can go alone to purchase soft drinks, snacks, bottled water, and miscellaneous items. Within the fenced area of the Campamento is considered to be a safe area, and it is OK to walk around alone there. When we are in Santo Domingo, it is best to walk around in groups.
- 18. STAYING TOGETHER** There are times during the trip where the entire mission team needs to stay together as a group, including transiting airports. While in airports, the team members wear identical colored t-shirts to help stay together and to facilitate passage through security and other checkpoints. We will distribute the team t-shirts before our trip begins.

19. **PEANUT BUTTER AND SNACKS** Some team members like to bring jars of peanut butter as a “back-up” item for meals. Another common practice we follow is to bring assorted snack foods and pool them in a common place in the team dormitory for all to share at snack time. If you do bring peanut butter, remember that it must be in your checked baggage and not in your carry-on bag. TSA considers peanut butter to be a “liquid” and restricts it in carry-ons accordingly.
20. **STURDY SHOES AND WORK GLOVES** Dominican construction sites can be quite rough in terms of broken concrete, loose wires, pieces of metal, and splinters of wood. Anyone entering a construction site needs to wear appropriately sturdy shoes. Anyone handling concrete blocks needs work gloves.
21. **SOCIAL MEDIA** Many Dominicans, especially teenagers, are heavy users of social media sites such as Facebook, and often ask to become Facebook friends. More and more individuals have access to smartphones and use Facebook and email in mobile settings. Any posts of texts or photos on your own Facebook page or a group Facebook page should be done with the awareness that these texts and photos may be seen by your contacts in the Dominican Republic, and also shared by them with others.
22. **LEAVING CLOTHING BEHIND** Some team members like to leave extra clothes, sheets and pillowcases behind in the camp dormitory when they leave. Often team members will wear loose-fitting clothing items in the medical “scrubs” category during the trip, but will leave them behind on the last day. The camp staff will collect these items after we leave. Under the supervision of the priest, they will be distributed to those in need in the village. Do not give clothing directly to individuals in the village.
23. **PHOTOGRAPHS** A team photographer will be working to take photographs all during the trip to compile a chronicle of the entire week that will be made available to all team members after the team returns home. This compilation will also be posted online and linked to the website of Christ Episcopal Church (<http://www.christchurchvaldosta.org>). Team members with cameras or smart phones will be invited to contribute their photographs to this team album.

This is a working “lessons learned” document for the June 2019 mission trip sponsored by Christ Episcopal Church (Valdosta GA). Suggestions for additions or revisions are welcome for use in future mission trips. Those suggestions may be sent to Julius Ariail (julius.ariail@gmail.com).